



## Abbey

Hello, my name is Abbey, I am a mother of three intelligent and well-behaved boys, being the core of my life, especially my middle son who has a unique type of disability. Michael is my gift, the source of my self-empowerment and the root cause of my motivation. He used to be called “mystery boy” as the geneticist and specialists couldn’t find out what he was diagnosed with. That’s never stopped me loving and adoring him, trying to understand him, thinking out of the box, and seeing the world through his eyes. I have made it my goal is to help my son to reach his potential and to live his life fully.

We all have many challenges, though to cut through to the issues, I needed to build a network of parent support groups, this empowered us to stay connected with other parents, sharing experiences and knowledge as well as exchanging feedback about various services and therapies

available that could help our kids to achieve their goals.

My interest and passion in helping people with special needs to discover their strength and helping them to develop it. My objective of helping to reach their goals, to live their life fully is something I strongly believe that we are all equal to because each person has a voice, choice and the right to have control of their own life.

Beside my caring role for Michael, I engage myself in the community as a volunteer such as, supporting the elderly and people with dementia in providing an avenue to maintain connection with their community and encourage them to be involved in new activities to keep them motivated, providing them a level of independence for as long as possible. I also partake in volunteering in special schools; working with students 1:1 with the guidance of their Speech pathologists’ and Occupational therapists’.

Over the years I have accumulated a significant amount knowledgeable about the NDIS process and its operations in fields such as; pre-planning, review and self-managing. With this acquired experience I can transfer my skills to help you to set your goals, by working together so you can achieve your dreams.

My strong faith and my spirituality helps me to maintain outlook, as with a positive attitude and right frame of mind helps me to manage my life in a better way. My hobbies include meditation, as well as listening to music and starting my day by going for a walk early morning, which helps me to get through the day positively.

I'm known for being a problem solver, as I think out of the box, allowing me to be creative and never give up but taking challenges as opportunities, turning them into stepping stones. This enhances my skills and broadens my life experience.

The importance of being a good listener and providing empathy towards others, has helped developed my life motto; "I like to treat people the way, I like to be treated", and to value human's feelings and emotions My gratitude to all who helped me to be the strong person I am now, that is why I would like to pay it forward by helping all people with no discrimination, no matter what their background or religion is, with an open heart, mind and understanding.