



Easy Read Information Form for research about peer support

Project Name: Exploring benefits and challenges of peer support for people with disability in peer support organisations: A co-production project

Investigators:

- Dr Meredith Tavener, Lecturer, School of Medicine and Public Health, University of Newcastle, Investigator/ Researcher
- George Ayoub, Lived Experience Researcher, Diversity Disability Alliance (DDA)
- Raylene Bock, Lived Experience Researcher, Community Disability Alliance Hunter (CDAH)
- Julie Duong, Lived Experience Researcher, DDA
- Carrie Hayter, Lecturer, School of Social Work, Australian College of Applied Psychology & Director, Carrie Hayter Consulting – Co-ordinating Principal Researcher/ Investigator
- Julie Magill, Lived Experience Researcher, DDA
- Shaylie Pryer, Lived Experience Researcher, CDAH
- Catherine Walsh, Peer Development Officer/ Researcher, DDA
- Xiaolong (David) Yang, Lived Experience Researcher, DDA
- Community Disability Alliance Hunter – Research Partner
- Diversity Disability Alliance – Research Partner

Human Research Ethics Committee (HREC) Approval Number:

H-2021-0088



We invite you to take part in research about peer support at the Community Disability Alliance Hunter (DDA) and the Diversity Disability Alliance (DDA). This will help to strengthen the peer movement at both CDAH and DDA and in the community.

If you need support to understand this form then please contact Carrie Hayter on 0415 348 057 or via email on carriehayter@gmail.com



Research is asking people what they think about things.

This research is about what people think of taking part in peer support. Peer support is about people with disability supporting each other.

The project will go from 2021 through to 2023. You will be asked along the way if you want to take part.

The research is being undertaken by Carrie Hayter together with Meredith Tavener and researchers with lived experience.



Carrie has a business. Meredith works for the University of Newcastle. The researchers with lived experience are from CDAH and DDA.

We want to talk to people who:



- Have done training that teaches people about peer support



- Are involved with peer support



- Are people with disability who give peer support to people in their community
- Are people with disability who provide peer support to other people in the disability community

We will ask:



- If you liked peer support and why



- How things changed for you because of peer support.
- What things did not change for you.



- What do you like about peer support



- What don't you like about peer support

You can talk to us:

- In a group



The group will be up to 8 people
There will be 2 researchers.



It will take about 1 ½ hours.



We will ask to record what everyone says.



You can take a friend.

You can ask someone you trust to support you.

You can talk to us:

- **By yourself or with a support person**



It will take about 45 minutes.



We will ask to record what you say.



- You might also be sent a survey to answer about your peer support training.

You should only take part if you want to



You can say no. It's your choice.

If you say no, then no one will be angry.



You can take part and change your mind later and stop at any time.

You don't have to give a reason why.



You can choose which questions to answer. You can say no if you don't want to answer a question.



We won't tell anyone it was you who gave us the answers. We will keep your name a secret when we write and talk about the research.



We will keep the information about you safely at the University, where only people doing the research can find it.

You can request a printed copy of what you talked about, and let us know if you would like to change any part of it.



If we talk in a group, everyone in the group also has to keep your name a secret too.

- They are not allowed to tell other people what you said.
- You are not allowed to tell other people what they said.



You can request a copy of the findings from the research.



There are people you can phone or email about the research.



If you want to ask questions about the research, contact –

Carrie Hayter or 0415 348 057 or via email on carriehayter@gmail.com or

Meredith Tavener on (0)2 4042 0684 or via email on meredith.tavener@newcastle.edu.au



Should you have concerns about your rights as a participant in this research, or you have a complaint about the manner in which the research is conducted, it may be given to the researcher, or, if an independent person is preferred, to:

The Human Research Ethics Officer,
Research & Innovation Services, The
University of Newcastle, University Drive,
Callaghan NSW 2308, Australia

Telephone (02) 4921 6333,

Email Human-Ethics@newcastle.edu.au



If you are upset by the research, you can talk to –

Ace Boncato from the **Diversity Disability Alliance** on phone 0434 354 114 or

Andrew Vodic at the **Community Disability Alliance Hunter** on phone 0490 053 454



You can also call **People With Disability Australia** – phone: 9370 3100

They can provide advocacy and help with problems with services.

If you want to take part in the study -

Once you understand what the study is about and if you want to take part, you will need to sign a Consent Form.

This means you understand what it will mean to take part, and you agree.

There is a Consent Form for different parts of the study – talking in a group or talking with us by yourself or doing a survey.