

Building Confidence through Peer Support

Join your peers as we talk about:

- ◆ What is Confidence
- ◆ How we can improve our confidence
- ◆ Why is it important to have confidence

Also hear from peers who share how they have gained confidence
and how it has changed their lives



When: Monday 20 May 2019
10.30am - 12.30pm

Where: West Ryde Library
2 Graf Avenue, West Ryde

Come join us, book your place by 17 May!

Call/text Pauline on 0405 524 862 OR
Diversity and Disability Alliance on 0431 430 871

*If you need an interpreter, you need to let us
know as soon as possible.*

Email: info@ddalliance.org.au

Website: www.ddalliance.org.au



ABOUT US:

Diversity and Disability Alliance is a user led disability support organisation, run by and for people with disability from diverse backgrounds with the support of families and allies. We assist people to live the lives they choose. We are an independent, collective voice committed to diversity and full inclusion.

DDAlliance is seeking to build a culture where peer support is an acceptable and available form of support for people with disability and their families in addition to, or instead of, more formal, traditional (paid) disability supports.