

"I see people using power wheelchairs and I think, hmm, this is very good and we could create a team. You know like, I could be part of a team and it is very interesting. I came to DDA events because I felt part of a team and I feel like I belong."



"I am very happy about DDA, this is what I was looking for from a long, long time ago. I liked to learn how I can be a strong advocate for my son."



"When I joined the peer support group, I have good self esteem, I can make decisions, and I can trust myself. Also, I have made one big decision to self manage and I learnt this from attending one of the sessions. It has made a big change, I am in control."

**Diversity & Disability Alliance**  
[www.ddalliance.org.au](http://www.ddalliance.org.au)



# DDA ALL THE WAY!

## WHAT WE'VE BUILT (AND WHY IT WORKS!)

People from multicultural communities with disability leading change. Coming together. For ourselves. For our communities.

### PEER CAFES

Every month DDA organises peer cafes - bringing people together to talk, connect and learn from each other. Since April 2017 we've run 11 peer cafes with over 300 people from 20 different language groups across Sydney taking part.



### SUPPORT GROUPS

The first group has been running now for 3 months. Over 45 people have attended. There are new groups popping up everywhere across Sydney and in different CALD communities. Ryde, Hurstville, Korean, Penrith, Arabic, .....

## PEER POWER!

136 people have graduated from our peer support training programs. "DDA have welcomed me into the program even though I don't speak English but they offered an Arabic interpreter. I learned a lot from coming to the training, they gave me power. They give me the confidence "



## SHARING OUR KNOWLEDGE

7 trained peer mentors are working in their communities. There is so much for them to do.

"It is flipping that sense of expert. No it's not government. No it's not service providers. It's the people, it's the family, it's the community, who are the expert"



## IT WORKS!

We got ourselves organised and worked with an independent researcher to see if what we were doing works. And it doesn't just work - it's been wildly successful.

**"I THINK IF PEOPLE COME HERE THEY LEARN. PEOPLE ARE VERY FRIENDLY AND SUPPORTIVE"**

***This is what I was looking for from a long, long time ago.***



For the past 18 months we have been creating space and opportunities for people from CALD communities with disability to connect. For ourselves. For our communities. Our way. This is why we are so proud of what we've done!

"With the DDA the first time I came I got an invitation and I was wondering if this is right for me, am I going to waste my time? However, when I went in, honestly, the first thing I felt connected."



"The peer to peer café each time I come, it is like a stepping stone towards my journey and I would like to get some experiences from an ally to talk about disability and what is available to support people with disability."

**\$5K**

### PARTNERING UP

We cannot do this by ourselves; we need partners to effect change in communities  
We'll use this to follow up with potential partners, we'll connect with local councils and community groups. We'll use this to apply for grants.

**\$15k**

### PEER MENTORING

This option trials peer mentorship as a business model. It will cost things out and test what works. We will register with the NDIS too. Plus 10 people will receive 1:1 mentorship.



### CALD PEERS FUTURE FUND

It is exciting that there is so much potential with our work. We want to make sure we've got a bit of backing (phones/office space/computers/wages for supports) so we can get on and do the work that the community wants done. Why don't you chip in now?

**KEEP THE CONVERSATIONS GOING**

**RIGHT NOW, CONVERSATION BY CONVERSATION CHANGE IS HAPPENING IN OUR LIVES & OUR COMMUNITIES.**

**BUT WITH NO FUNDING THIS WORK STOPS.**



Your contribution will keep the conversations going.

### A STARTING PLACE

People are coming to us because they want to connect to peers. From our cafes, to our training, to 1-1 mentors and our start-up groups - with us people can connect in a way that suits them.

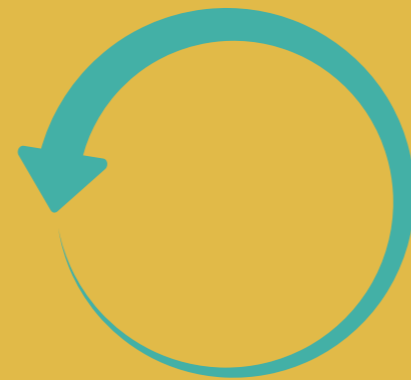


### COMMUNITY LEADERS

Our leaders are in demand for their skills and passion. They are able to help others and inspire them to create what they want. We can grow more leaders and this means, in turn, they support more people in their communities. It pays forward.

## MORE PEER GROUPS

We have worked with peers who are now ready to kick off new groups - 4 groups Mandarin, Assyrian, Vietnamese and Korean. And, there are also several multicultural groups ready to start across Sydney.



## MENTOR ME PLEASE!

A growing number of people want our peer mentors to help them out 1:1. To talk and sort things through - like the NDIS, housing, friendships & much more. Connecting people who 'get it & who get me'. We want to be able to offer this to people.

## WATCH OUR MOVEMENT GO

There are now so many more of us and we are ready to incubate more peer leaders, run lots more peer cafes, get more groups going, share what works and go boldly towards the future.



**"I FEEL STRONGER"**

# WE ARE CREATING SOCIAL CHANGE

# YOU CAN HELP US SUCCEED!



We started from scratch and can see what difference 18 months makes. We want more people to experience the benefits of peer support. Here's how you can help us to do it!

**\$10K**

## SUPPORT FOR ALL!

Each Peer Cafe, each group, new and old needs \$10K each per year to thrive. Your support can keep that going for a year. With groups across different CALD communities all over Sydney - the funds can go straight towards helping with venues, catering, language interpreters & support.

**\$12K**

## TRAINING & SUPPORT

This means peer support training for up to 10 new peer leaders. Different training programs are already developed. So the funds go towards venues, catering, language interpreters, support and paying the peer trainers.