



Sophon

Hi, I'm Sophon a Khmer women. I live independently with an intellectual disability and a physical problem with my right arm from Polio as child so I have weakness to my right upper limb with chronic lower back pain. I am very active in my Local Community Church and with The Khmer Community Language Sunday School. My languages are my identity.

Through Diversity and Disability Alliance's (DDA) training I promote myself to have developed my passion for working with people with disability. I am inspired to be a peer facilitator and peer mentor to share my ideas with my peers and colleagues.

Peer mentoring changed my aim is to complete more training and gain as much experience as I can to become better and give Peer Support.

I am excited about receiving such as special award (certificate) and surpassing the goals I set for myself.